



Welcome to Renvela[®]

A guide for patients with chronic kidney disease on hemodialysis.

Renvela.
sevelamer carbonate

A new day, a new start.

Keeping your phosphorus under control.

Like many people who are on dialysis, you may have too much phosphorus in your blood. As you may know, having too much phosphorus can be bad for your health. That's why it's important to control your phosphorus levels. This brochure tells you about some key ways to keep phosphorus under control: dialysis, a low-phosphorus diet, and taking a phosphate binder, such as Renvela[®].



Please see Important Safety Information on page 14. Please see accompanying full Prescribing Information inside pocket.

✓ **Go to dialysis.** Be sure to go to dialysis as you are scheduled. Dialysis helps clean waste products (such as extra phosphorus) from your blood that can build up because your kidneys can't remove them on their own.

✓ **Stick to a low-phosphorus diet.** Dialysis helps remove some of the extra phosphorus in your blood, but not all of it. So it's important to cut down on the amount of phosphorus in the foods you eat. Many common foods contain phosphorus, so your dietitian can help you plan healthy meals and snacks that are low in phosphorus.



✓ **Take Renvela® (sevelamer carbonate).** Remember to take Renvela, the phosphate binder prescribed by your doctor. Renvela helps clear away the phosphorus from the foods you eat. Be sure to take Renvela as directed. Do not skip doses.



Do not use Renvela if you have a history of bowel obstruction.

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Stay on track with Renvela.

How does Renvela work?

Taken with meals and snacks, Renvela soaks up and holds (or binds) the phosphorus found in the foods you eat. It then carries phosphorus out of the body through your digestive system. Unlike other phosphate binders, Renvela does not contain calcium or metal,¹ which can stay in your body. Renvela passes through your digestive tract without building up in your body.



How do I take Renvela®?

There are two ways to take Renvela.

Take Renvela with food and follow the instructions provided by your doctor. Renvela is the only phosphate binder available in both tablet and powder dosing options.

Renvela may be prescribed as:

- Three 800 milligram tablets taken three times a day as directed, with meals and snacks^{2,3}; or
- One 2.4 gram packet of powder (also called “oral suspension”) taken three times a day with meals¹



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Keep in mind.

Taking three 800 milligram Renvela tablets per meal is the same as taking one 2.4 gram packet of Renvela powder per meal.

How do I know which Renvela dosing option is right for me?

Talk with your doctor or healthcare provider about which Renvela dosing option is best for you.




Talk to your doctor if you have had difficulty swallowing or swallowing disorders; or if you have had digestive tract surgery or other digestive disorders, including severe constipation.



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How to prepare a 2.4 gram packet of Renvela[®] powder:

- 1** Measure a minimum of 2 ounces of water into a cup. *(Note: 2 ounces = 4 tablespoons = 1/4 measuring cup. Different amounts of water are needed based on the dose of Renvela powder prescribed by your healthcare provider.)*
 - 2** Open the Renvela packet by tearing or cutting it along the top and pour the entire packet into the cup of water.
 - 3** Stir the mixture thoroughly. *(Note: The powder does not dissolve, and the mixture will be cloudy.)*
 - 4** Be sure to drink the entire mixture within 30 minutes and stir vigorously just before drinking.
 - 5** Remember to take Renvela with kidney-friendly and low-phosphorus meals as instructed by your healthcare provider.
-  To learn more about Renvela powder and to watch a video showing how to prepare it, visit **www.renvela.com**.

How can I tell if Renvela® is working?


By doing a regular blood test, your doctor or other healthcare provider can measure the amount of phosphorus in your blood.

When Renvela tablets or powder are taken as directed, patients typically see a decrease in their phosphorus levels. That is how you can tell if Renvela is working. Also remember that while taking Renvela, it is important to go to dialysis regularly and to stick to a low-phosphorus diet.



Uncommon cases of bowel obstruction and perforation have been reported.

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 **Know your number.** Do you know what your phosphorus goal is? Be sure to speak with your doctor or healthcare provider to find out. As a general rule, the target phosphorus level for patients on dialysis is 3.5 to 5.5 mg/dL.⁴

Can I take Renvela with other medications?

You should speak with your doctor or healthcare provider about other medicines and/or dietary supplements you may be taking.

Are there side effects from taking Renvela?

The most commonly reported side effects with Renvela include vomiting, nausea, diarrhea, and upset stomach. These types of side effects are similar to those reported by patients taking other phosphate binders.

Be sure to tell your doctor or nurse about any side effects you think you may be having.

Where can I learn more about Renvela®?

For more information or to discuss any questions or concerns you may have, please talk to your doctor or pharmacist. Your nurse, dietitian, or other healthcare provider may be able to provide more information about your condition. You can also visit www.renvela.com to learn more.



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More resources for dialysis patients with chronic kidney disease*:

American Association of Kidney Patients (AAKP)

1-800-749-2257

www.aakp.org

American Kidney Fund (AKF)

1-800-638-8299

www.kidneyfund.org

Dialysis Patient Citizens (DPC)

1-866-877-4242

www.dialysispatients.org

National Kidney Foundation (NKF)

1-800-622-9010

www.kidney.org

Renal Support Network (RSN)

1-800-579-1970

www.rsnhope.org

*Genzyme Corporation does not review or control the content of non-Genzyme literature or websites. These listings do not constitute an endorsement by Genzyme of information provided by any other organization.

Indication: Renvela® (sevelamer carbonate) is used to control phosphorus levels in patients with chronic kidney disease (CKD) on dialysis.

Important Safety Information

Do not use Renvela if you have a history of bowel obstruction

- Talk to your doctor if you have had difficulty swallowing or swallowing disorders; or if you have had digestive tract surgery or other digestive disorders, including severe constipation
- Uncommon cases of bowel obstruction and perforation have been reported
- Your doctor should monitor bicarbonate and chloride blood levels
- Vitamins D, E, K (clotting factors), and folic acid blood levels should also be monitored by your doctor
- The most frequently occurring side effects observed with sevelamer carbonate tablets were nausea and vomiting
- Side effects with sevelamer carbonate powder taken three times a day were similar to those reported for sevelamer carbonate tablets
- The most common side effects with sevelamer hydrochloride, which contains the same active ingredient as sevelamer carbonate, included: vomiting, nausea, diarrhea, indigestion, abdominal pain,

flatulence, and constipation • Cases of fecal impaction and, less commonly, slow bowel activity, bowel obstruction, and bowel perforation have been reported • Take Renvela with meals and adhere to your prescribed diet • Talk to your doctor when taking Renvela with other medications

- Promptly contact your doctor if you experience severe abdominal pain, new or worsening constipation, or other severe intestinal symptoms while on Renvela

Please see accompanying full Prescribing Information inside pocket.

Please print your information below.

Name: _____

Address: _____

Telephone number (home): _____ (mobile): _____

Email address: _____

I prefer being contacted by:

Mail Telephone Email Text message

If you prefer telephone communications, is it okay to leave a voice mail message? Y___ N___

Gender: Male Female Year of birth: _____

Which of the following phosphate binders have you taken most recently?

Renvela® (sevelamer carbonate) tablets

Renvela (sevelamer carbonate) powder

Renagel® (sevelamer hydrochloride)

PhosLo® Fosrenol® TUMS® None

I currently participate in:

Medicaid Federal or state assistance program

Medicare Part D drug benefit plan

Private insurance plan None of the above

I get most of my information about kidney health from:

My doctor My nurse My dietitian

Online at _____ (fill in website address)

Thank you. We look forward to staying in touch with you.

PhosLo® is a registered trademark of Fresenius Medical Care North America. Fosrenol® is a registered trademark of Shire Pharmaceuticals. TUMS® is a registered trademark of GlaxoSmithKline.

We care about your health. Let's keep in touch.

Genzyme provides free education and support resources for patients taking Renvela®. If you would like to receive information about kidney disease and Renvela offered by Genzyme, the manufacturers of Renvela, please fill out, seal, and return the attached postage-paid card. All the information you provide will be kept confidential. If at any time you no longer wish to receive communications from Genzyme, please contact **renvela@genzyme.com** and let us know, and your information will be removed from our list.

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